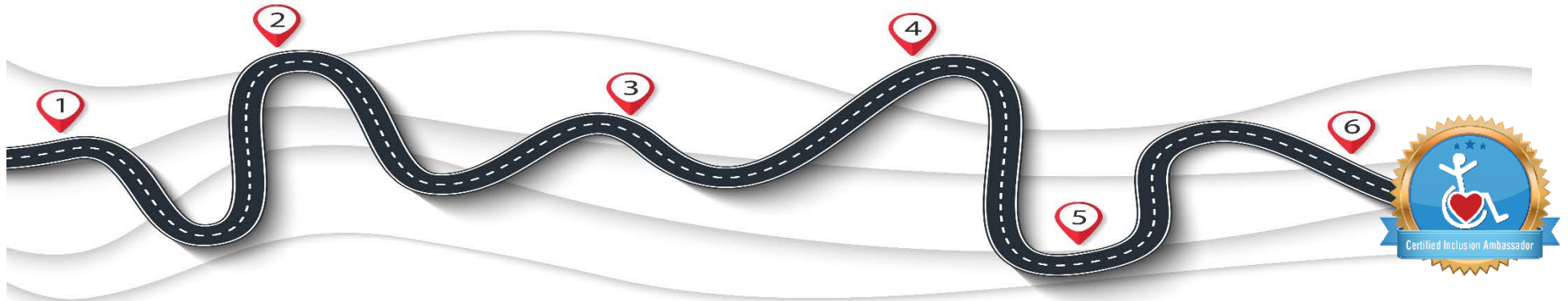



Inclusion Ambassador Training Curriculum Road Map




UNIT 1: INTRODUCTIONS

Learning Outcomes	Lessons (Videos)	Time	Reading/Handouts	Assessment	Badge Earned
<p>By the end of Unit 1, you will:</p> <ul style="list-style-type: none"> Understand how to complete the online training, including technology requirements and technical assistance Understand what the Inclusive Recreation Resource Center is and what it does Identify what inclusion is and why it is important List several principles that guide inclusive services 	<input type="checkbox"/> Meet Jess, Your Inclusion Ambassador Host	:57		<input type="checkbox"/> Quiz Review: <ul style="list-style-type: none"> Crossword Puzzle <input type="checkbox"/> Quiz: <ul style="list-style-type: none"> 5 questions (80% or better) <input type="checkbox"/> Optional Assignment: Do one of the following and post on the IRRC social media pages: <ul style="list-style-type: none"> Poster or art about inclusion Poem about inclusion Story about inclusion Comic strip about inclusion Presentation about inclusion to your peers More ideas? Be creative! 	None in this unit
	<input type="checkbox"/> Introduction to Unit 1 with Jess	:56			
	<input type="checkbox"/> Lesson 1: Introduction to Online Learning	4:44	<ul style="list-style-type: none"> <i>Responsible Social Media Use</i> <i>Checklist for Learning</i> 		
	<input type="checkbox"/> Lesson 2: Introduction to the IRRC	6:31	<ul style="list-style-type: none"> <i>Everything You Need to Know IRRC</i> 		
	<input type="checkbox"/> IRRC video	1:17			
	<input type="checkbox"/> Lesson 3: Introduction to Inclusion	8:49	none		
	<input type="checkbox"/> Inclusion is Belonging video	1:50			
	Unit 1 Total Time: 25 minutes				


UNIT 2: ABILITY AWARENESS

Learning Outcomes	Lessons (Videos)	Time	Reading/Handouts	Assessment	Badge Earned	
<p>By the end of Unit 2, you will:</p> <ul style="list-style-type: none"> • Be able to use person first language • Understand disability as a functional variation in the human condition • Be able to describe the social model of disability • Understand functional abilities (physical, intellectual, emotional , social) and common etiquette for interaction 	<input type="checkbox"/> Introduction to Unit 2 with Jess	:57		<input type="checkbox"/> <u>Quiz Review:</u> <ul style="list-style-type: none"> ○ Word Search Puzzle ○ Word Scrambler Puzzle <input type="checkbox"/> <u>Quiz:</u> <ul style="list-style-type: none"> ○ 5 questions (80% or better) <input type="checkbox"/> <u>Optional Assignment:</u> Do one of the following and post on the IRRC social media pages: <ul style="list-style-type: none"> ○ Poster or art about variations in people ○ Presentation about ability awareness to your peers ○ Use a wheelchair for a day and write about it ○ Learn 10 sign language words and video record (just your hands) ○ More ideas? Be creative! 	 <p>Ability Awareness Badge</p>	
	<input type="checkbox"/> Lesson 1: People First	6:37	<ul style="list-style-type: none"> • <i>Person First Language Chart</i> 			
	<input type="checkbox"/> End the R-Word video	:30				
	<input type="checkbox"/> People First Language video	1:34				
	<input type="checkbox"/> Not Special Needs video	2:00				
	<input type="checkbox"/> Lesson 2: People Vary	3:32	none			
	<input type="checkbox"/> I'm Tyler video	12:14				
	<input type="checkbox"/> Lesson 3: Change the World	4:39	<ul style="list-style-type: none"> • <i>Social Model of Disability</i> 			
	<input type="checkbox"/> Lesson 4: Physical & Sensory Variations in People	4:49	<ul style="list-style-type: none"> • <i>Physical & Sensory Functioning</i> 			
	<input type="checkbox"/> Lesson 5: Communication Variations in People	2:23	<ul style="list-style-type: none"> • <i>Communication Functioning</i> 			
	<input type="checkbox"/> Lesson 6: Thinking & Learning Variations in People	2:27	<ul style="list-style-type: none"> • <i>Intellectual Functioning</i> 			
	<input type="checkbox"/> Lesson 7: Social & Emotional Variations in People	2:59	<ul style="list-style-type: none"> • <i>Social & Emotional Functioning</i> 			
	<input type="checkbox"/> Lesson 8: Alike and Different	3:14	<ul style="list-style-type: none"> • <i>Language Behavior Awareness Survey</i> 			
	<input type="checkbox"/> My 12 Pair of Legs video	9:58				
<input type="checkbox"/> We're More Alike Than Different video	2:39					
Unit 2 Total Time: 60 minutes						


UNIT 3: PHYSICAL INCLUSION

Learning Outcomes	Lessons (Videos)	Time	Reading/Handouts	Assessment	Badge Earned
<p>By the end of Unit 3, you will:</p> <ul style="list-style-type: none"> • Be able to define physical accessibility • Understand approach, enter and use as a framework for physical inclusion • Be able to list principles of universal design 	<input type="checkbox"/> Introduction to Unit 3 with Jess	1:11		<input type="checkbox"/> <u>Quiz Review:</u> <ul style="list-style-type: none"> o Got Ramps? Game o Hidden Objects Game <input type="checkbox"/> <u>Quiz:</u> <ul style="list-style-type: none"> o 5 questions (80% or better) <input type="checkbox"/> <u>Optional Assignment:</u> Do one of the following and post on the IRRC social media pages: <ul style="list-style-type: none"> o Accessibility scavenger hunt and photos o Presentation about universal design to your peers o Design the ideal recreation center o More ideas? Be creative! 	 <p align="center">Physical Inclusion Badge</p>
	<input type="checkbox"/> Lesson 1: Approach – Can You Get There?	3:06	<ul style="list-style-type: none"> • <i>Clear Path of Travel Checklist</i> 		
	<input type="checkbox"/> Lesson 2: Enter – Can You Get In?	1:37	none		
	<input type="checkbox"/> Lesson 3: Use – Can You Play?	2:49	<ul style="list-style-type: none"> • <i>Make Space for Accessibility Checklist</i> 		
	<input type="checkbox"/> Lesson 4: Universal Design – The World is for Everyone	5:51	<ul style="list-style-type: none"> • <i>Principles of Universal Design</i> 		
	<input type="checkbox"/> Ed Roberts and Universal Design video	3:10			
	Unit 3 Total Time: 18 minutes				


UNIT 4: SOCIAL INCLUSION

Learning Outcomes	Lessons (Videos)	Time	Reading/Handouts	Assessment	Badge Earned
<p>By the end of Unit 4, you will:</p> <ul style="list-style-type: none"> • Understand and use best practices in social inclusion, including: <ul style="list-style-type: none"> - bridging the gap between ability and activity - providing supports - providing accommodations - staff training - communication - partnerships 	<input type="checkbox"/> Introduction to Unit 4 with Jess	1:18		<input type="checkbox"/> <u>Quiz Review:</u> <ul style="list-style-type: none"> ○ Matching Game <input type="checkbox"/> <u>Quiz:</u> <ul style="list-style-type: none"> ○ 5 questions (80% or better) <input type="checkbox"/> <u>Optional Assignment:</u> Do one of the following and post on the IRRC social media pages: <ul style="list-style-type: none"> ○ Make and demonstrate a piece of adaptive equipment for recreation ○ Do a presentation about bridging the gap to your peers ○ Make a social story for your favorite recreation activity ○ Make a large print book ○ Do a scavenger hunt for partners in your community ○ More ideas? Be creative 	 <p>Social Inclusion Badge</p>
	<input type="checkbox"/> Lesson 1: Communicate with Everyone	7:14	<ul style="list-style-type: none"> • <i>Communicate Clearly</i> • <i>Alternative Forms of Communication handout</i> 		
	<input type="checkbox"/> Lesson 2: What Should Staff and Volunteers Know?	2:33	<ul style="list-style-type: none"> • <i>Inclusion is My Job</i> 		
	<input type="checkbox"/> Lesson 3: Bridge the Gap – Helping All People Play	6:06	<ul style="list-style-type: none"> • <i>Bridging the Gap Model</i> • <i>Bridge the Gap Form</i> 		
	<input type="checkbox"/> Lesson 4: Supporting People in Recreation	9:37	<ul style="list-style-type: none"> • <i>Support Each Person</i> • <i>Create Your Own Calming Kit and Mobile Sensory Room</i> • <i>Optional: Meaning Full Behavior</i> • <i>Optional: Videos for Kids</i> 		
	<input type="checkbox"/> Social Support - How to Facilitate Positive Interactions (KIT) video	5:46			
	<input type="checkbox"/> Lesson 5: Accommodations in Recreation	10:39	<ul style="list-style-type: none"> • <i>Bridging the Gap with Adapted Activities & Equipment</i> • <i>Recreation Inclusion Tips and Tools</i> 		
	<input type="checkbox"/> Lesson 6: Finding Partners	4:50	<ul style="list-style-type: none"> • <i>Collaboration Ideas and Tips</i> 		
	<input type="checkbox"/> Commit to Inclusion video	3:14			
Unit 4 Total Time: 52 minutes					

UNIT 5: MEASURING INCLUSIVITY

Learning Outcomes	Lessons (Videos)	Time	Reading/Handouts	Assessment	Badge Earned
<p>By the end of Unit 5, you will:</p> <ul style="list-style-type: none"> • Be able to define the Inclusivity Assessment Tool and Certified Inclusivity Assessor • Understand the information that can be collected about inclusion using measurement and interviewing • Understand how to become a CIA 	<input type="checkbox"/> Introduction to Unit 5 with Jess	1:22		<input type="checkbox"/> <u>Quiz Review:</u> <ul style="list-style-type: none"> ○ My Story Book on CIAs ○ Name That Thing 	<div align="center">  <p>Measuring Inclusivity Badge</p> </div>
	<input type="checkbox"/> Lesson 1: What is the Inclusivity Assessment Tool?	4:03	<ul style="list-style-type: none"> • <i>Inclusivity Assessment Tool- Inclusion U flyer</i> 	<input type="checkbox"/> <u>Quiz:</u> <ul style="list-style-type: none"> ○ 5 questions (80% or better) 	
	<input type="checkbox"/> Lesson 2: Measure	3:38	<ul style="list-style-type: none"> • <i>Make Space for Accessibility Checklist</i> 	<input type="checkbox"/> <u>Optional Assignment:</u>	
	<input type="checkbox"/> Lesson 3: Interview	2:04	none	Do one of the following and post on the IRRC social media pages:	
	<input type="checkbox"/> Lesson 4: How Do I Become a Certified Inclusivity Assessor?	3:05	<ul style="list-style-type: none"> • <i>Inclusion U Online Flyer</i> 	<ul style="list-style-type: none"> ○ Interview a co-worker or boss about social inclusion 	
	Unit 5 Total Time: 14 minutes			<ul style="list-style-type: none"> ○ Measure your camp/playground/etc. for physical inclusion ○ Do a scavenger hunt on the IRRC Recreation Finder App for 3 ideal recreation spots for someone you know with a disability ○ Learn more about ADA by taking the course online ○ More ideas? Be creative! 	

UNIT 6: ACTION PLAN

Learning Outcomes	Lessons (Videos)	Time	Reading/Handouts	Assessment	Badge Earned	
<p>By the end of Unit 6, you will:</p> <ul style="list-style-type: none"> • Pass the Final Exam and become a Certified Inclusion Ambassador • Complete an action plan to make one change to promote inclusion • Identify ways to use the Inclusion Ambassador Training in the future 	<input type="checkbox"/> Introduction to Unit 6 with Jess	:57		<input type="checkbox"/> Final Exam: ○ 15 questions (80% or better)	 <p>Certified Inclusion Ambassador Badge</p>	
	<input type="checkbox"/> Lesson 1: Final Exam Time! Become a Certified Inclusion Ambassador	1:47	none			<input type="checkbox"/> Assignment: Do one of the following and post on the IRRC social media pages:
	<input type="checkbox"/> Lesson 2: What's Next for You?	1:56	<ul style="list-style-type: none"> • <i>My Inclusion Action Plan</i> 			○ Share your Inclusion Action Plan
	<input type="checkbox"/> Lesson 3: Working with a CIA Mentor	1:27	none			
	<input type="checkbox"/> Lesson 4: Ideas for Using the Inclusion Ambassador Training	1:28	<ul style="list-style-type: none"> • <i>Inclusion Ambassador Training Flyer to share</i> 			
	<input type="checkbox"/> Lesson 5: Finishing Up & Becoming a CIA!	2:36	<ul style="list-style-type: none"> • <i>Link to anonymous evaluation of the training</i> 			
	<input type="checkbox"/> You Did It! Goodbye from Jess	1:28				
	Unit 6 Total Time: 12 minutes					

Total Training Time: 3 hours (181 minutes)

- Unit 1: 25 minutes
- Unit 2: 60 minutes
- Unit 3: 18 minutes
- Unit 4: 52 minutes
- Unit 5: 14 minutes
- Unit 6: 12 minutes